



**Ben & Jack's<sup>®</sup>**  
STEAK HOUSE

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## ***A La Carte Lunch Menu***

*(served 11:30am to 3:45pm)*

### **Appetizers**

Baked Clams  
Fried Calamari  
Fresh Oysters on the Half Shell

### **Soup**

Soup of the Day  
French Onion Soup

### **Starter Salads**

Caesar Salad  
Mixed Green Salad  
Ben & Jack's Salad  
Cold Asparagus Vinaigrette  
Tomato & Onions

### **Sandwiches**

Filet Mignon (*U.S.D.A Prime Beef*) served on Baguette  
Sirloin Steak (*U.S.D.A Prime Beef*) served on Baguette  
Prime Rib (*U.S.D.A Prime Beef*) served on Baguette  
Grilled Chicken or Chicken Milanese served on Baguette  
Maryland Crab Cakes served on Roll  
*All sandwiches are served with french fries or fried onion rings.*

### **Hamburgers**

**(U.S.D.A Prime Beef)**

Ben & Jack's Burger w/ lettuce, tomato and onion  
Ben's Special Burger w/ Caesar salad and tomato  
Jack's Special Burger w/ grilled mushrooms, grilled onions and cheese  
5<sup>th</sup> Avenue Burger w/ grilled mushrooms, bacon, fried onion rings and roasted red pepper  
*All hamburgers are served with french fries.*

### **Meat**

**(U.S.D.A Prime Beef)**

Medallions of Filet Mignon w/ mushroom sauce  
12. Oz. Sirloin Steak  
Prime Rib  
Grilled Veal Chop

### **Chicken**

Roasted Half Chicken  
Chicken Parmigiana  
Chicken Francese

### **Seafood**

Shrimp Scampi served over rice  
Grilled Filet of Salmon  
Filet of Sole Francese  
Steamed or Broiled Lobster Tail

*All meat, chicken and seafood entrees are served with vegetable and potato.*

### **Pasta**

Pasta w/ seafood  
Spaghetti w/ white or red clam sauce  
Rigatoni or Penne w/ meat sauce  
Penne w/ mixed vegetables in marinara or garlic & oil

### **Entrée Salads**

Strips of Filet Mignon / over Caesar or Mixed Green Salad  
Grilled Shrimp / over Caesar or Mixed Green Salad  
Grilled Chicken / over Caesar or Mixed Green Salad  
Jack's Salad w/ chicken milanese, mozzarella cheese and chopped tomatoes  
Chef's Salad  
Spinach Salad w/ bacon, tomato, onion and mushrooms